

# Five Day Study Plan

Date of Test: \_\_\_\_\_

Test Format:  Objective  Essay

Day	Task	Course Content	Time Needed	Completed
One Date:	Prepare:			
Two Date:	Prepare: Review:			
Three Date:	Prepare: Review: Review:			
Four Date:	Prepare: Review: Review: Review:			
Five Date:	Prepare: Review: Review: Review: Self-Test:			

## How to Make a Five Day Study Plan

1. Break the material into chunks. If it can be divided by chapter, use that. If not, make up your own chunks based upon the structure of the material.
2. Plan to spend about 2 hours studying on each of the five days. They do not have to be consecutive! You may need to plan ahead even further if you have multiple tests on the same day.
3. You work the material 2 ways: you prepare, and you review.

### Ways to Prepare:

- Study sheets
- Notecards with definitions, questions, formulas, or problems
- Outlines/notes
- Self-tests
- Prepare material for a study group
- Predict essay questions

### Ways to Review:

- Recite out loud answers to study sheets and notecards
- Take self-test
- Recite main points
- Re-create charts and lists from memory
- Explain material to study group
- Answer essay questions

### Example of the time frame for the Five Day Plan:

#### Tuesday

Prepare CH 1 – 2 hrs

#### Wednesday

Prepare CH 2 – 2 hrs

Review CH 1 – 30 min

#### Thursday

Prepare CH 3 – 1.5 hrs

Review CH 2 – 30 min

Review CH 1 – 15 min

#### Friday

Prepare CH 4 – 1 hr

Review CH 3 – 30 min

Review CH 2 – 15 min

Review CH 1 – 10 min

#### Sunday

Review CH 4 – 30 min

Review CH 3 – 20 min

Review CH 2 – 10 min

Review CH 1 – 10 min

Self-test -- 1hr

CLASS+